# MID-OHIO VALLEY REGIONAL COUNCIL



MOVRC Monthly Newsletter http://www.movrc.org/ 304-422-4993

**July 2018** 



Rod Poling, Janet Somerville, Tammy Raines and MariJo Tedesco (pictured above) attended the 2018 National Senior Corps Convening in Washington, DC hosted by The Corporation for National and Community Service. Hundreds of nonprofit and volunteer leaders were in attendance across the country to learn from national experts and gain valuable insights from peers.

The three day event was a celebration of Senior Corps' impact and innovation laying the groundwork for its future. The program has demonstrated its potential to help solve some of America's toughest problems—elder abuse, the opioid epidemic, and more—and highlighted some of these inventive solutions to convening attendees.

Conceived during John F. Kennedy's presidency, Senior Corps currently links roughly 220,000 Americans to service opportunities. Their contributions of skills, knowledge and experience make a real difference to individuals, nonprofits, faith-based, and other community organizations throughout the United States.



# Don't Be a Bully

MOVRC recently hosted a training on Senior Bullying. Attendees of the training learned that it doesn't end on the playground. Bullying is defined as an intentional and repetitive behavior involving an imbalance of power or strength (Hazeldon Foundation, 2008). It has been recognized for years as a problem among school children but recently bullying among residents has been occurring in senior facilities and daycares. Research indicates that between 10-20% of residents have experienced some form of bullying from their peers (Bonifas 2011). It looks surprisingly similar to the bullying among children. Not surprising, is that it causes consid-

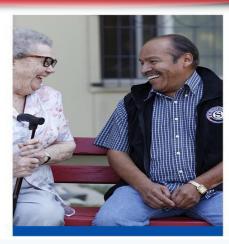


erable emotional distress for not only the targets, but for the other residents and staff. Whether it be on the playground with children, in the workplace for employees, or senior facilities, we need to address bullying behavior and end it. The golden years should be polished with respect and dignity not tarnished with fear and sadness.









Senior Corps taps the skills, talents and experience of more than 220,000 Americans age 55 and over to meet a wide range of community challenges through three programs—the Foster Grandparent Program, RSVP, and the Senior Companion Program.

# Numbers are Proof

- ⇒ 220,000 total volunteers
- ⇒ 54 million hours served
- ⇒ 25,000 unique sites that volunteers served

# Senior Corps







### **Foster Grandparent Program**



The Foster Grandparent Program (FGP), which began in 1965, provides loving and experienced tutors and mentors to children and youth with special needs. Working one-on-one and serving between 15 and 40 hours a week, Foster Grandparents provide support in schools, hospitals, drug treatment centers, correctional institutions, and child care centers. Among other activities, they review schoolwork, reinforce values, teach parenting skills to young parents, and care for premature infants and children with disabilities. Foster Grandparents often maintain an ongoing, intensive relationship with the children and youth served for a year or longer. Eligibility: Volunteers must be 55 years of age or over. Those who meet certain income guidelines receive a small stipend. All FGP volunteers receive accident and liability insurance and meals while on duty, reimbursement for transportation, and monthly training.

#### **RSVP**



Established in 1971 and now one of the largest senior volunteer organizations in the nation, RSVP engages Americans age 55 and older in a diverse range of volunteer activities. Volunteers tutor children, renovate homes, teach English to immigrants, assist victims of natural disasters, provide independent living services, recruit and manage other volunteers, and serve their communities in many other ways. RSVP volunteers choose how, where, and how often they want to serve, with commitments ranging from a few hours to 40 hours per week. Eligibility: RSVP is open to all people age 55 and over. Volunteers do not receive monetary incentives, but sponsoring organizations may reimburse them for some costs incurred during service, including meals and transportation.

## **Senior Companion Program**



The Senior Companion Program (SCP), which began in 1974, helps frail seniors and other adults maintain independence primarily in the clients' homes. Senior Companions serve between 15 and 40 hours a week and typically serve between two and four clients. Among other activities, they assist with daily living tasks, such as grocery shopping and bill paying; provide friendship and companionship; alert doctors and family members to potential problems, and provide respite to family caregivers. Eligibility: Volunteers must be 55 years of age or over. Those who meet certain income guidelines receive a small stipend. All SCP volunteers receive accident and liability insurance and meals while on duty, reimbursement for transportation, and monthly training.

# **Everything Old is New Again for WWW**

WWW began the new fiscal year with an old requirement...Air Quality Conformity. For many years the WWW area including Wood County, WV and Washington County, OH was designated as a maintenance area for the 1997 air quality standards. This designation required WWW to conduct an air quality conformation analysis on the Long-Range Transportation Plan and Transportation Improvement program to determine the impact of planned and programmed projects air quality. The analysis was to demonstrate that projects identified in the planning documents were within the established air quality budgets developed by the State Office of Air Quality. Once a positive conformity determination could be demonstrated the program of projects could be moved forward for implementation. Over time, WWW continued to demonstrate com-



pliance with the standards and was subsequently re-designated as an attainment area for the newer 2008 standards. With that designation WWW was no longer required to conduct the complicated and time-consuming process.

A recent court challenge to EPA's implementation plan for transitioning from the 1997 standards to the 2008 standards resulted in the revocation of large portions of EPA's implementation rule. The court decision reinstated the conformity requirements for those areas designated as non-attainment or maintenance for the 1997 standards, thus requiring WWW to once again address air quality. While awaiting an EPA appeal of the court decision, WWW has been working with federal, state, and local partners to address the requirements and re-incorporate the air quality conformity determinations back into the planning process.

Everything old is new again!



## Did You Know??????

## **Independence Day Facts**

It was actually on July 2, 1776 that America gained its Independence. But it was 2 days later, of course, that Congress then accepted Jefferson's declaration.

John Adams & Thomas Jefferson both died on July 4, 1826. On the 50th anniversary of the adoption of the declaration...the two giants of the declaration both died.